/147 cont./

241 Agriculture is unknown. Only accidentally grown food plants are known.

In order to promote the growth of the veld crop, the Bushman
222 burns off the grass. A Bergdamara with whom I rode across a
311 burning grass veld said to me: "The Bushman is making his garden."

462 Work of the men:

- Hunting
- Occasional veld crop gathering
- Collecting wood
- Fetching water
- Preparing hides
- Making clothes
- Making weapons and mortars
- Making strings
- Making fire by twirling

Work of the women:

- Hut construction
- Cooking
- Veld crop collecting
- Maintaining the fire
- Getting wood
- Getting water
- Making women's clothes

412 The only "agricultural implement" is a digging stick (see Fig. 9).

For one who is not a botanist it is impossible to describe in
222 intelligible terms, even roughly, the numerous wild food plants of the Auin. The collection of specimens must take the place of a description. Unfortunately, I had no opportunity to make such a collection.

For the person who is familiar with the Southwest African veld crops, I shall give a list of some food plants, which, however, is by no means exhaustive.

- Tschamma
- Spiny tschamma
- Ontjes of the Boers
- Water tubers
- So-called "wild potatoes"

15: Marshall E-5 (1951-1961) 1965
FX10 Bushmen FX10
!Kung

drama, of releasing the emotions of the people and purging them, in the Aristotelian sense. Fear and hostility find an outlet and the people have acted together to protect themselves. In this there are support and solace and hope.

CHANGE

Today (1962) the pattern of life for the Nyae Nyae !Kung has begun to change radically. Many Bushmen of other language groups have had prolonged contact with the Bantu peoples among whom they live, and some have worked on Europeans' farms. Systematic studies of their social changes are lacking. The Nyae Nyae !Kung, as described here, had contact with Herero and Tswana neighbors in trade, but this contact did not appear to change the social structure of the independent !Kung. They are only now beginning to feel the impact of European contact. They were remote; they are no longer so. When, in 1951, we first worked our way to their area from the outposts of the farm lands, we were eight arduous days en route, in trackless, waterless country of bush and heavy sand, our four trucks heavy with water and petrol, equipment and supplies. Today a well-cleared track gives access in a day. Farmers began to come into the area to get the Bushmen to work for them and have their eyes upon the land.

The government of South West Africa, realizing the problem of the Bushmen, has appointed one of their most competent administrators of native affairs to be Bushman Affairs Commissioner, and is supplying him with funds and equipment. He and his wife are in the Nyae Nyae area and are working with several families of !Kung. He is leading one group of them into agriculture and this year they harvested a crop of corn. Others of the men are employed in road building and are being paid a cash wage, currently a shilling a day. It is too early to say what will happen to their social forms in so radical a change, which ones they will lose entirely, which they will retain and adapt to new conditions. All we know is that the !Kung who are taking part in the experiment have expressed themselves as willing and anxious to try to develop a new way of life.

NOTES

(1) Some of the ethnographic material used here has been previously published in my articles in *Africa* which are cited in the bibliography appended to this chapter. The ethnographic material is used with the permission of the International African Institute and the editor of *Africa*.

(2) Skeletal remains of Bushmen are found associated with late stone age implements in South Africa, but not with early or middle stone age (Schapera

16: Lee E-5 (1963-1965) 1966 FX10 Bushmen FX10

II. THE PRESENT STATUS OF THE BUSHMEN

Defining Bushmen

Bushmen may be defined racially, linguistically or culturally. None of these criteria used alone will give a satisfactory definition. If the presence of "Bush" physical type is used as the criterion of Bushman status, then some members of Hottentot tribes would be incorrectly included, and members of the hybridized Bushmen peoples of Ngamiland would be excluded. Similarly the presence of a click non-Bantu language would include not only Hottentots again, but also the Hottentot speaking negroid Bergdama of South West Africa, and the Hadza-Sandawe peoples of Tanganyika. A strictly economic criterion, such as the presence of a hunting and gathering way of life would arbitrarily exclude the many thousands of Bushmen who are working on European Farms or practicing agriculture and pastoralism.

A further complication in defining Bushmen is offered by the recent work of Westphal (1962a,1962b,1963). He has demonstrated that the so-called Central Group of Bushman languages of Bleek (1929) are in fact closely related to Hottentot.

In this paper a simple ethnic definition of Bushmen is adopted, following the lead of Joyce (1939) and Tobias (1956). Throughout Bechuanaland, the Tswana word "sarwa" is applied to

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553 the south to the Okavango River on the north. The !Kung name-relationship was first described by Lorna Marshall (1957:3ff) for the Bushmen at /Gauŝa Pan, South West Africa. It was found in 1964 that !Kung farm workers as far away as Gobabis, South West Africa, two hundred miles south of /Gauŝa, possessed the same repertoire of personal names, the same rules of name inheritance, and the same method for fictively linking unrelated individuals through the name relationship.

From the scanty evidence available on the Angola !Kung (Bleek 1928), it appears that the name relationship is not operative there. However, in Bechuanaland and South West Africa the presence of the institution is a reliable criterion for determining whether a Bushman is !Kung.[1]

101 There are three geographical divisions of the !Kung
131 Bushmen. The northern group, numbering about 4,000, live in
162 Angola and the far northern districts of South West Africa. The central group, numbering about 7,000, extend from the western margin of the Okavango Swamp in Bechuanaland as far as the farms of the Grootfontein district of South West Africa.
[241] The southern group (c. 2,000) are confined to the farms of the

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[1] Unpublished evidence on the southern ǂhũa Bushmen indicates that they possess a system of fictive kinship based on personal names, but the repertoire of names appears to be entirely different from that of the !Kung Bushmen (Heinz, Westphal, personal communications).

16: Lee E-5 (1963-1965) 1966 FX10 Bushmen FX10
!Kung

101 Ghanzi and Gobabis Districts and their immediate northern
131
162 hinterland. All three divisions speak mutually intelligible
241 dialects of !Kung but only the central and southern divisions
197 have the institution of the name relationship.
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184 The northern division peoples call themselves "!kũ"
101 meaning "people" (Bleek, 1928:106) and many ethnographers have adopted this as the general appelation for the tribe. There has been a bewildering variety of spellings of this name[1] and it is urgent that one standard form be chosen. It is recommended that !Kung be adopted as the standard appelation for the tribe, following the lead of Fourie (1928:83) and Marshall (1957, 1959, 1960, 1962, etc.). This is not the most phonetically accurate of the alternatives, but the controversy over spelling is an academic one because the majority of the "!Kung" do not recognize this as their tribal appelation at all!

The central division "!Kung" call themselves "zũ/wãsi" (zũ = "people"; /wã = "proper" or "true"; si = plural suffix). This translates as "the proper people" or "the true people". It also has the connotation of "just folks" which Elizabeth Marshall Thomas has appropriately rendered as "The Harmless People" (1959). Bushmen of the study area objected to the

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[1] At least fourteen different spellings are in the literature including: Kung, !Kũ, !Kun, ǂhung, //Khun, ǂKũng, ʗhũ, !xũ, !Khũ, !un, !Kung.

16: Lee E-5 (1963-1965) 1966 FX10 Bushmen FX10
!Kung

184 The northern !Kung of Angola and Ovamboland are closely
648 associated with Bantu agriculturalists. In 1925 Bleek ob-
222 served that "In contradistinction to the southern !Kũ the
241 women and children (i.e. of the Angola !Kung) are not col-
439 lectors of wild food. Once or twice a year when certain berries ripen, the whole tribe goes out berry picking; otherwise they live by hunting and bartering part of the meat and skins obtained for the agricultural produce of their neighbors...." (1928:108). Westphal visited the Angola !Kung in 1964 and confirmed Bleek's observations (Westphal personal communication).

184 The southern division of !Kung work on the European
221 farms in the Ghanzi and Gobabis districts. Many of them
464 spend the summer months in the veld, hunting and gathering,
648 but return each year to winter on the farms (Silberbauer n.d.).

Among the central division of !Kung are found Bantu-associated peoples, farm laborers, and independent traditional hunters and gatherers. In the Grootfontein district of South West Africa several thousand central !Kung are working
131 on European farms. Along the Okavango river for 500 miles
184 of its length from Cuangar in the northwest to Sehitwa on
648 Lake Ngami, some further thousands of central !Kung live with, and work for, the Bantu of the following tribes:

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648 The Bushman residents of Bechuanaland, however, were not immediately affected by these restrictions. They continued to hunt and gather on the South West side and to visit their kinsmen at localities in the Nyae Nyae area.

648 The period of European presence, 1960-1965 - In 1960, the
177 South African Government put into operation its plan to civilize the !Kung Bushmen of the interior. A government station was set up at Tsumkwe where a borehole was sunk. Mr. C. V. McIntyre, the Bushman Affairs Commissioner, took up residence at Tsumkwe. The !Kung Bushmen from Nyae Nyae were
[241] ingathered and provided with rations of maize meal. After they had been settled around the borehole a program was initiated to teach them agriculture. Because of a series of drought years this program has not met with success.

[162] By 1964, over 800 !Kung Bushmen had been settled at Tsumkwe. Less than 50 of these people had come from the
[178] Bechuanaland side. It is not clear why the Bechuanaland
[162] !Kung have not participated in this program to a greater
[224] extent, but the fact remains that over 350 !Kung continue to
[222] hunt and gather in the Dobe area and seem to indicate no intention of moving to Tsumkwe.[1]

648 The latest development in the political situation in

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[1]Some B.P. Bushmen insist that they were refused permission to live at Tsumkwe. Others say they fear to go there.

2: Schapera E-4, 5 (no date) 1930
FX13 Hottentot
Bushmen FX10

224 returning to the camp, sleep under the central tree and avoid sexual intercourse with his wife, lest the poison prove ineffective and the animal escape. The meat of an animal killed by a dog may not be [841] eaten by women or by any men whose wives are menstruating; this is to prevent bad luck befalling the dog in the pursuit of game. Any want of success is generally attributed to some chance accident; for example, a man who has had bad luck in hunting while his wife was menstruating will not hunt again while she is in that condition, nor will she eat any of the *!noe-di* at such times.[1]

These practices and beliefs obviously represent only a small portion of what must be an elaborate series of usages relating to hunting, but they suffice to indicate how the Bushmen, fully aware of the uncertainty attendant upon their efforts, seek to relieve their apprehensions and to obtain confidence by the aid of magic and taboo.

Collecting

224 Hunting in the old days was unquestionably the principal source
136 of subsistence in Bushman life. But with the decrease of the game
648 in their region and with the enforcement against them of the game
222 laws framed by the white man, its importance is diminishing, and at the present time the Bushmen depend very largely for the means of existence on the wild vegetable foods growing in the veld.

[241] Agriculture in any form is altogether unknown to them in their
222 traditional mode of life. The nearest they have got to it is found
224 in the practice observed by the North-Western tribes of burning the
311 veld at the end of the dry season.[2] This, it is said, is done primarily in order that the edible bulbs, roots, etc., should come up better during the approaching rainy season. It is also used, however, as a means of hunting, for the men spread round the fire in a semicircle and drive all the game rushing from it before them in a certain direction where some hunters are lying in wait; moreover, the new grass growing soon after the burning attracts the game, which returns to the area, and thus makes it good hunting ground. Incidentally the burning serves to kill off snakes, scorpions, and other noxious creatures. Men may only [423] burn in their own territory; to do so across the border, or to gather wood where others have burned, is a great offence. In former times, [622] among the Naron, the chiefs are said to have regulated the burning;

[1] Fourie, "Customs of the Hei-//om," 56; *idem*, "Bushmen of S.W. Africa," 102.
[2] Jodika, "Reise nach dem Okavango," *D. KolBl.*, xlii (1903), 491; Kaufmann, "Die Auin," 147, 156; D. F. Bleek, *Naron*, 17.